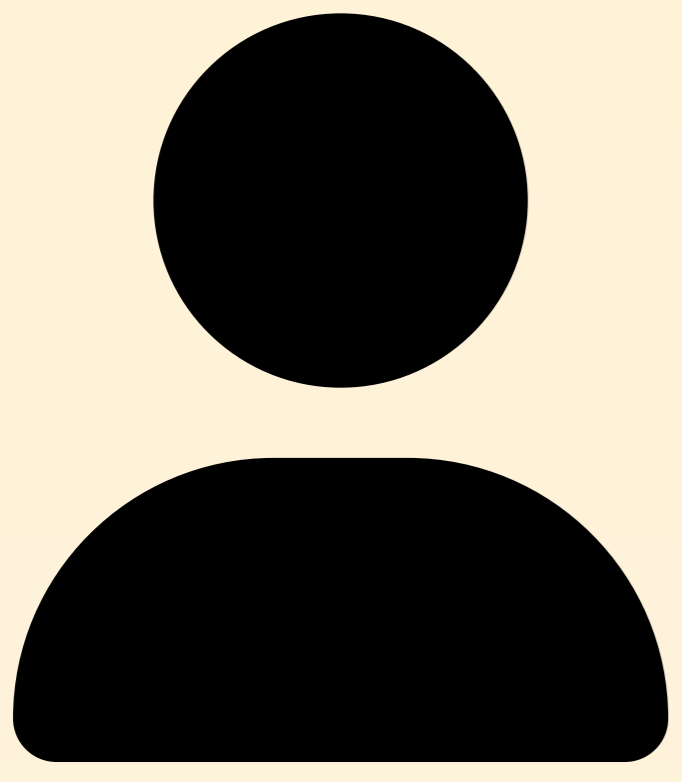
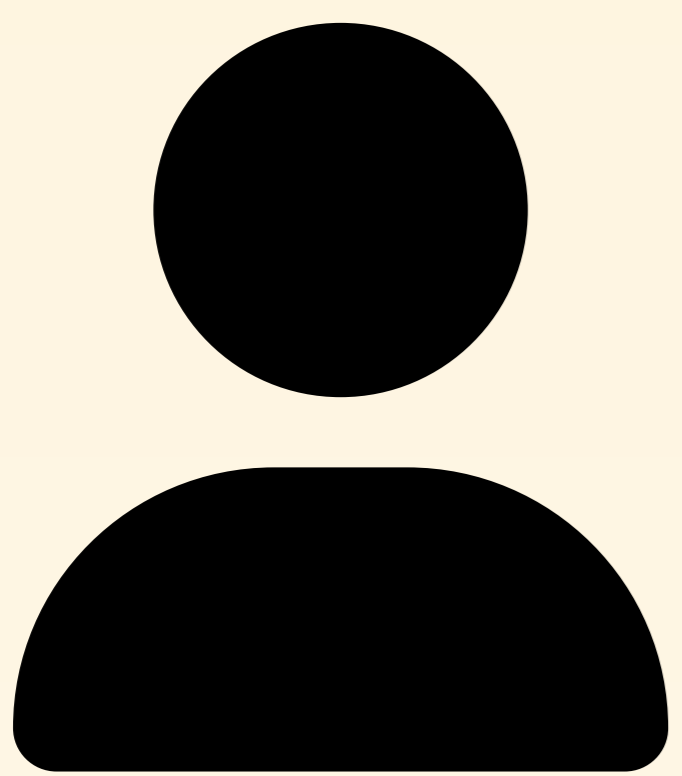
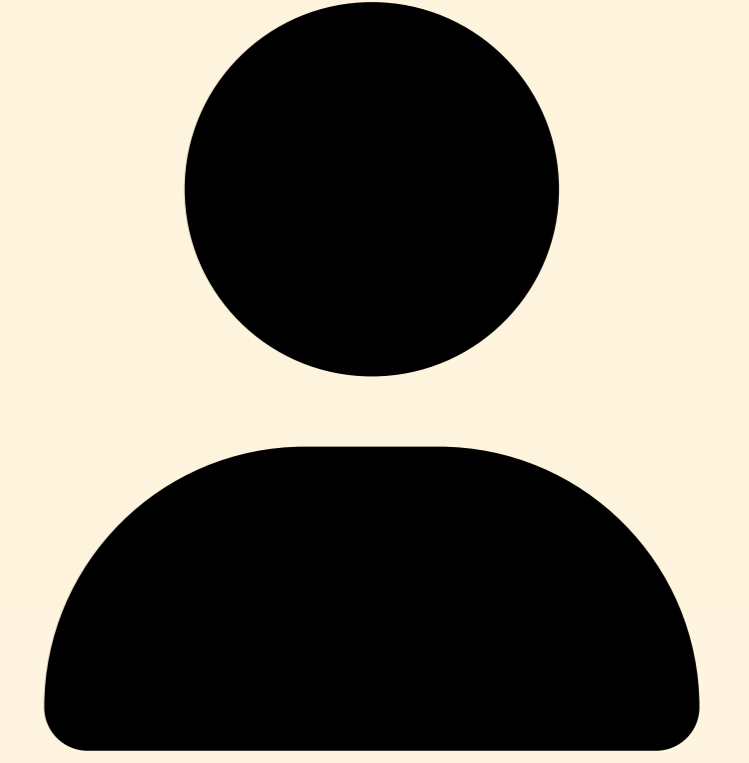


SUPPORTING NEUROTYPICAL INDIVIDUALS



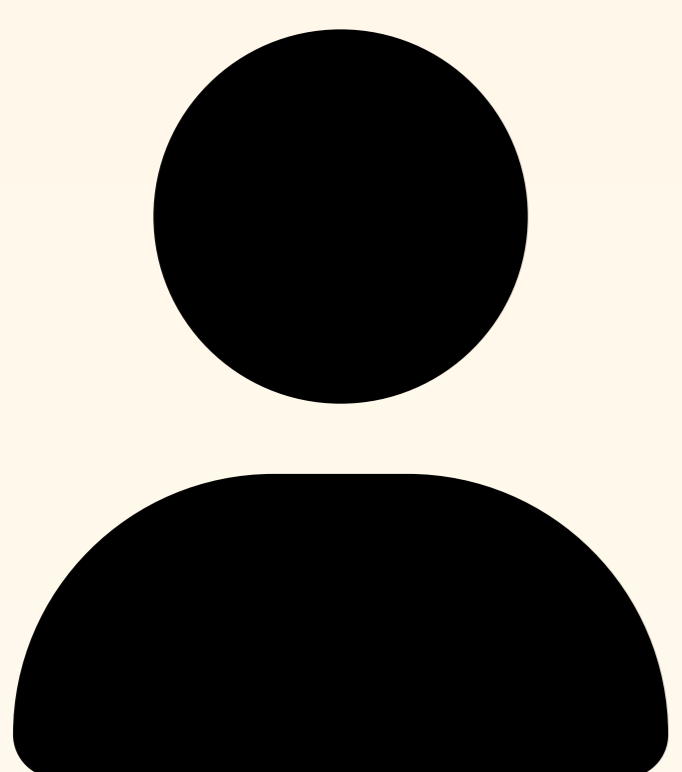
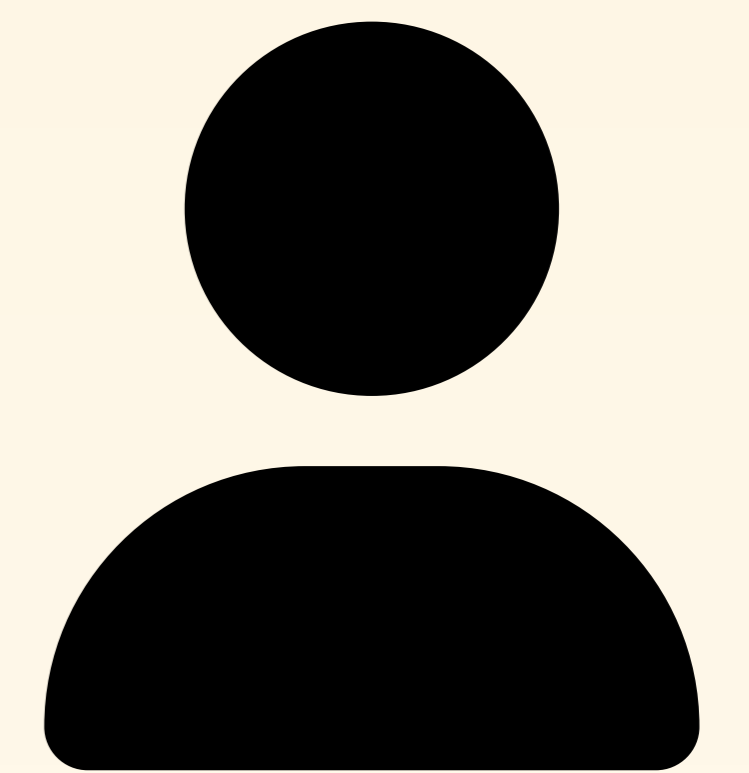
“I find it hard to talk about big and meaningful topics. It helps if you ask me about the weather instead.”

“I get very nervous as to whether you like me. Smiles and eye contact help me reassure myself.”



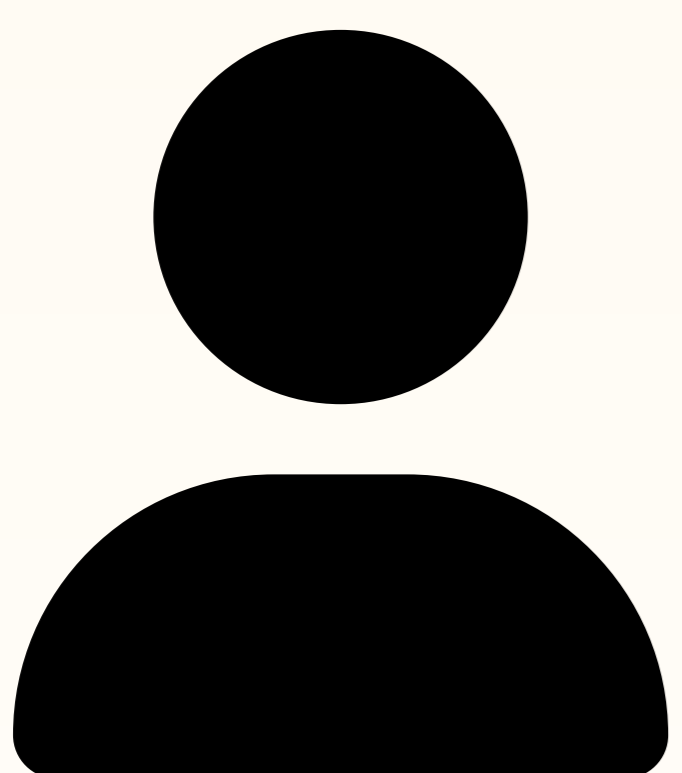
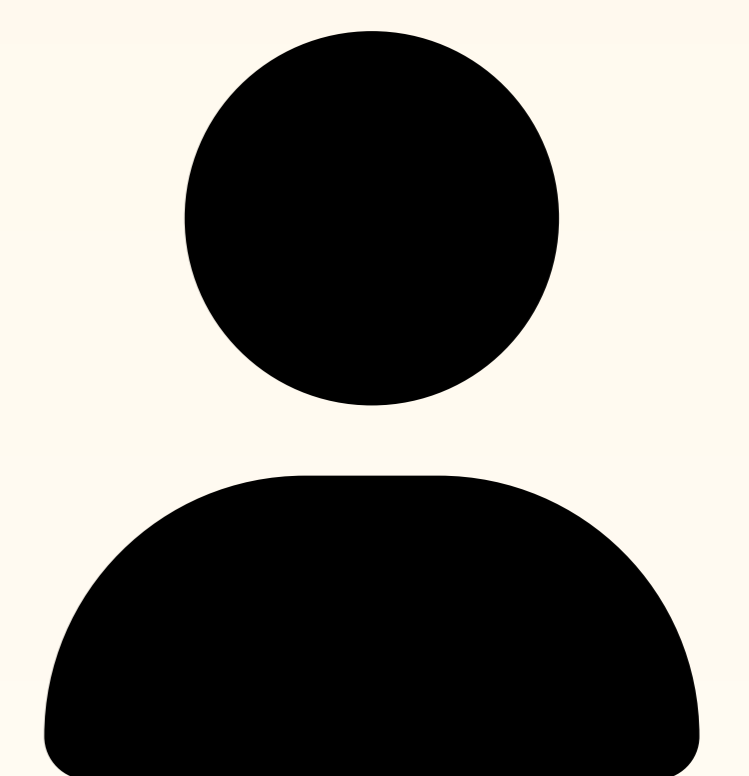
“I’m sorry if I interrupt your stimming/quiet time/alone time. It scares and confuses me. I don’t mean to be rude.”

“I get very uncomfortable with silence. Please forgive me if I need to fill it with seemingly pointless chatter.”



“Sometimes I find it really hard to be direct and honest. Thanks for understanding when I use confusing and indirect language.”

“My confidence can be fragile. I get upset when people correct me, even when I am genuinely wrong.”



“I’m sorry if I follow the crowd. I’m not always brave enough to follow my own beliefs.”

“Please be patient if it takes me a whole week to do a week’s work. I can’t hyper-focus like you.”

